

Nash's Numbers by Alan Nash (A095)

To continue Pubs and Wine Bars. This month WC2. Plus times and distance for increased £4.20 run-ins and the usual "What's On" at the exhibition centres.

Pubs & Bars in WC2	Pubs & Bars in WC2	Pubs & Bars in WC2
12 Bar Club, 26, Denmark St	George, 8, Great Queen St	O'Neill's Irish Bar, 166-170, Shaftesbury Av
All Bar One, 58, Kingsway	Globe, 37, Bow St	O'Neill's Irish Bar, 14, New Row
All Bar One, 84, Cambridge Circus	Grape Street Wine Bar, 222, Shaftesbury Av	Opera Tavern, 23, Catherine St
All Bar One, 19, Henrietta St	Green Man & French Horn, 54, St. Martins Ln	Parker Place, 51, Parker St
Angel, 61, St. Giles High St	Ha Ha Bar & Canteen, 6, Villiers St	Pitcher & Piano, 42, Kingsway
Angel & Crown, 58, St. Martins Ln	Halfway to Heaven, 7, Duncannon St	Porcupine, 48, Charing Cross Rd
Bar Aquda, 13-14, Maiden Ln	Hamptons Wine Bar, 15, Whitcomb St	Porterhouse, 21-22, Maiden Ln
Belushi's Bar Cafe, 9, Russell St	Hand & Racquet, 48, Whitcomb St	Prince Of Wales, 150-151, Drury Ln
Bloomsbury Tavern, 236, Shaftesbury Av	Harp, 47, Chandos Place	Punch & Judy, 40 Market, Piazza
Box, 32-34, Monmouth St	Henry's Bar & Cafe, 63-66, St. Martins Ln	Rampage, 32, Great Queen St
Brewmaster, 37, Cranbourn St	Hercules Pillars, 18, Gt Queen St	Retro Bar, 2, George Court
Bunker Bar, 41, Earlham St	Hodgsons, 115, Chancery Lane	Round Table, 26, St. Martins Ct
Cambridge Hotel, 93, Charing Cross Rd	Hogshead 5, Lisle St	Royal George, , Goslett Yard
Champagne Charlies, 1 Arches, Villiers St	Hops Bar, , Burleigh St	Salisbury, 90, St. Martins Ln
Chandos, 29, St. Martins Lane	Imperial, 5, Leicester St	Seven Stars, 53-54, Carey St
Cinnamon Bar, 1, Aldwych	Jamies Bars, 64-78, Kingsway	Shakespeare's Head, 64, Kingsway
Coach & Horses, 42, Wellington St	Ku Bar, 75, Charing Cross Rd	Sherlock Holmes, 10-11, Northumberland St
Coal Hole, 91-92, Strand	Kudos Cafe Bar, 10, Adelaide St	Ship & Shovell, 1-3, Craven Pass
Conservatory Cafe Bar, 15, St. Giles High St	Lamb & Flag, 33, Rose St	Ship Tavern, 12, Gate St
Corner Store, 33-35, Wellington St	Le Beaujolais, 25, Litchfield St	Sun Public House, 21, Drury Ln
Cross Keys, 31, Endell St	Lemon Tree, 4, Bedfordbury	Sun Tavern, 66, Long Acre
Crown, 43, Monmouth St	Lyceum Tavern, 354, Strand	Tappit Hen, 5, William IV St
Crusting Pipe, 27Market, Piazza	Marquess of Anglesey, 39, Bow St	Two Brewers, 40, Monmouth St
Daly's Wine Bar, 210, Strand	Marquis of Granby, 51-52, Chandos Pl	Vespa Ladies Lounge, 15, St. Giles High St
Devereux, 20, Devereux Court	Marquis of Granby, 142, Shaftesbury Av	Walkabout (Temple), , Temple Place
Edgar Wallace, 40, Essex St	Montague Pyke Lloyd's 105, Charing X Rd	Walkabout Inn, 11, Henrietta St
Edinburgh Tavern, 1, Milford Lane	Moon under Water, 28, Leicester Sq	Wellington, 351, Strand
Freemason Arms, 81-82, Long Acre	Nags Head, 10, James St	West Central, 29-30, Lisle St
Freud's, 198, Shaftesbury Avenue	Nell of Old Drury, 29, Catherine St	White Hart, 191, Drury Lane
Fuel Bar, 21Market, Piazza	Newton Arms, 33, Newton St	White Lion, 24, James St
Garrick Arms, 8-10, Charing Cross Rd	Old Monk, 418-422, Strand	Yates's, 30, Leicester Sq
George, 213, Strand	O'Neill's Irish Bar, 40, Great Queen St	Ye Old White Horse, 2, St. Clements Ln

New £4.20p "Run-in" times for prebooked account work.

It is important not to exceed the run in on account jobs. Below is the time or distance to a £4.20 or £3.40 run in. It is better to aim for the lower time as to not go "Over Run-in".				
Run-in £4.20	T1	T2	T3	
Max. Ttime.	6:19m to 6:54m	5:08m to 5:36m	4:08m to 4:31m	
Max Dist	1.1 miles	0.9 miles	0.8 miles	
Run-in £3.40	T1	T2	T3	
Max. Ttime	4:01m to 4:36m	3:16m to 3:44m	2:38m to 3:00m	
Max Dist.	0.75 miles	0.65 miles	0.5m	
Waiting time is:	£ 20.87/hour	£ 25.71/hour	£ 31.85/hour	Higher >6m= £29.75/hour.

What's On at ExCel, Earls Court and Olympia

Event	Type	Date
House & Garden Fair 06	Olympia	29-06-06 to 02-07-06
London Film and Comic Convention	Earls Court 2	01-07-06 to 02-07-06
London Interiors	Earls Court 1	02-07-06 to 04-07-06
UCAS HIGHER EDUCATION CONVENTION	Olympia Nat.	07-07-06 to 07-07-06
Vintage Fashion Fair	Earls Ct 1, Lev1	09-07-06 to 09-07-06
Asian Lifestyle Show 2006	Olympia Grand	14-07-06 to 16-07-06
Red Hot Chili Peppers	Earls Court 1	14-07-06 to 18-07-06
The Cura-Heat Back Show	Olympia National	15-07-06 to 16-07-06
MISSION TO LONDON 2006	Earls Court 2	17-07-06 to 22-07-06
Dock Rock (The British International Motor Show)	ExCel public	19-07-06 to 30-07-06
British International Motor Show	ExCel public	20-07-06 to 30-07-06
Turkish Textile Summer	Olympia 2	25-07-06 to 26-07-06
Intimate London Body & Beach	Earls Court 2	30-07-06 to 01-07-06

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